



media alert

Attention Chiefs of Staff, Sport and Health Writers for Wednesday 1 August

## **Pregnancy and Sport – Risk vs Benefit**

Sports Medicine Australia (SMA) will play a major role in the National Pregnancy and Sport Forum to be held tomorrow in Sydney.

Sports Medicine Australia members who are leading experts in their field will address a number of issues around the benefits and risks of sport while pregnant. SMA represented by:

**Dr Anita Green**, National Vice-President of SMA. Medical Practitioner at the University of Queensland Health Service and the Cardiac Investigation Department at the Prince Charles Hospital, visiting lecturer at School of Human Movement Studies at University of Queensland, Chair of the Clinical Program Brisbane North Division of General Practice. SMA Representative on Expert Panel for Pregnancy Forum.

**Dr Marg Torode**: Chair of the SMA Medicine and Science for Women in Sport Committee, Head of the School of Exercise and Sport Science Sydney University. Presenting an overview of SMA's *Guidelines on the participation of the Pregnant Athlete in contact and collision sports*.

**Associate Professor Caroline Finch**, Chair of the SMA SportsSafe Committee, Director, Sports Injury Prevention Research Unit, School of Health Sciences, Deakin University. Presentation addressing *The risk of abdominal injury to women during sport*.

**Professor Wendy Brown**, Chair of the SMA Public Health Committee. Professor - Physical Activity and Health, School of Human Movement Studies, University of Queensland. Presentation addressing *The benefits of sport for the pregnant woman*.

For preview abstracts for the presentations by Professor Brown and Associate Professor Caroline Finch please contact Sports Medicine Australia on (02) 6230 4650 or 041 993 7336.

**Details of the National Forum on Pregnancy and Sport** (Hosted by the Australian Sports Commission and Sports Injury Australia):

- **Date:** Wednesday 1 August 2001
- **Time:** 8.45am (Medical Presentations begin 9am)
- **Venue:** Wentworth Rydges Hotel, Phillip Street, Sydney

An SMA Media Kit containing presentations and background information will be available at the forum. SMA Members will be available for interview throughout the day. SMA Media contact: Jane O'Dwyer on 02 6230 4650